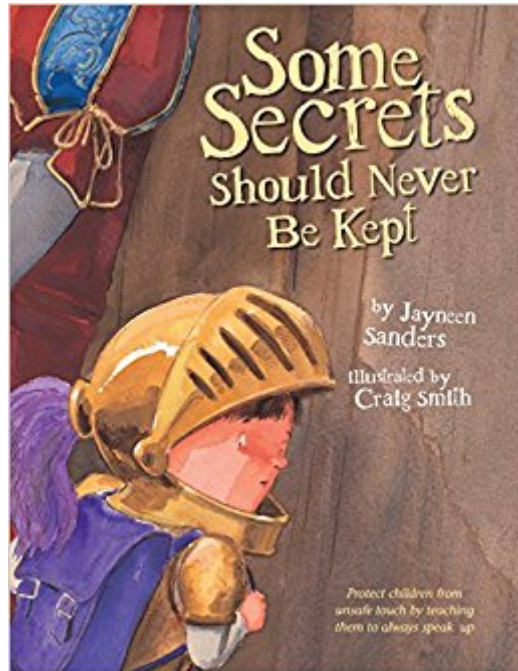


The book was found

Some Secrets Should Never Be Kept



Synopsis

'Some Secrets Should Never Be Kept' is a beautifully illustrated children's picture book that sensitively broaches the subject of keeping children safe from inappropriate touch. We teach water and road safety, but how do we teach Body Safety to young children in a way that is neither frightening nor confronting? This book is an invaluable tool for parents, caregivers, teachers and healthcare professionals to broach the subject of safe and unsafe touch in a non-threatening and age-appropriate way. The comprehensive notes to the reader and discussion questions at the back of the book support both the reader and the child when discussing the story. Suitable for children aged 3 to 12 years. Story is a great medium to discuss difficult topics. 'Some Secrets Should Never Be Kept' was written to ensure children are armed with knowledge if they are ever touched inappropriately; and from the first unsafe touch, a child will understand to tell a trusted adult and keep on telling until they are believed. It is an important book and one that all children need to hear. Forewarned is forearmed! This book is supported by free activities and child protection resources on our website. 'Some Secrets Should Never Be Kept' is available in 7 languages including English, Spanish, German, Chinese, Japanese, Italian and French. Body Safety Education (also known as protective behaviours or child sexual abuse prevention education) involves so much more than focusing on stranger danger. In fact, 95% of sexually abused children will know their abuser and only 5% will be strangers. It is also crucial for children to learn that they must never keep secrets that make them feel bad or uncomfortable (in fact, we teach it's best not to have secrets in families, only happy surprises). The trouble with secrets is that they are the main tool used by child molesters to ensure children remain silent about the abuse. Ensuring the secret is kept is of utmost importance to the perpetrator. Therefore, threats and insisting no-one will believe the child is used as a way of controlling the child to be silent. Through Body Safety Education parents and children will learn the importance of there being no secrets between us. Parents and carers need to be on the lookout for signs of sexual abuse in children and grooming behaviour which is often focused on themselves as well as their children. The answer to the question, 'How do I keep kids safe from sexual abuse?' is simple; teach them Body Safety Education from a very young age. Always use the correct names for their genitals, ensure they know that the parts covered by their swimsuit are known as their private parts, and that private means 'just for you', and consequently not for sharing. This is known as the swimsuit lesson. When you teach your child that 'your body belongs to you' you are empowering them with confidence through knowledge. Body Safety Education also involves teaching your child that no-one can touch their private parts, and if they do, they must tell a trusted adult until believed. Kids need to be safe as well as feel safe. Teaching a child that private means

'just for you' and that their private parts are found under their swimsuit is a valuable lesson that can prevent child molestation. The sexual abuse of children is regrettably very common. Approximately 1 in 3 girls and 1 in 6 boys will be sexually abused before their 18th birthday. You can help stop child abuse by teaching social and physical boundaries to kids and that some parts are not for sharing. A child needs be able to proclaim loudly and with conviction that, 'My body belongs to me', 'I am the boss of my body' and that 'From my head to my toes, I say what goes'. Please note: the author uses 'safe and unsafe touch' or 'inappropriate touch' as preferred terms for good and bad touch which may be confusing for a child as bad touch (inappropriate touch) can often feel good, i.e. be pleasurable and this can cause confusion for a child.

Book Information

Paperback: 32 pages

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[#199 in Books > Parenting & Relationships > Family Relationships > Abuse](#)

Age Range: 3 - 11 years

Grade Level: Preschool - 5

Customer Reviews

"There are books that come along that are a 'must read' for your kids, and this is one of them." ...

"it's really important to own this book for you and your family. It handles a very difficult (and uncomfortable) subject in a sensitive and age appropriate way and provides a chance to discuss it with your children." --tacklenappy.com/features/reviews/item/327-tacklenappy-book-review... "there is a children's book that you MUST get if you have any children in your life. Whether they are your children or someone else's, please help make the topic of childhood sexual abuse just ever so slightly easier to broach with them by using this remarkable tool." "GET the book, READ the book

and most importantly, TALK about the book WITH your children." "Anything that might help protect your children from the hands of a sexual predator is a priceless investment."

--togetherweheal.wordpress.com/2012/11/24/some-secrets-should-never-be-kept/"This is a skilfully written and beautifully illustrated book which covers the subject of keeping young children safe from sexual abuse. Written as a tool to help parents, caregivers and teachers broach the subject in a non-threatening way, it sensitively weaves the important facts into a story that young children will find accessible." --littleparachutes.com/book.php?id=571 "Our family has felt more empowered to address the issue of sexual abuse through having this resource, "...

--momentsaday.com/protecting-children-against-sexual-abuse/"I'm often asked for resources for children to help them protect them from possible sexual abuse. There has been nothing I could recommend. Until now." "Melbourne author, primary school teacher and mother, Jayneen Sanders, has filled the gap by publishing a picture book for children titled 'Some Secrets Should Never Be Kept'."

--melindatankardreist.com/2012/04/some-secrets-should-never-be-kept-new-book-to-help-parents-and-kids-discuss-inappropriate-touch/"There are books that come along that are a 'must read' for your kids, and this is one of them." ... "it's really important to own this book for you and your family. It handles a very difficult (and uncomfortable) subject in a sensitive and age appropriate way and provides a chance to discuss it with your children."

--tacklenappy.com/features/reviews/item/327-tacklenappy-book-review ... "there is a children's book that you MUST get if you have any children in your life. Whether they are your children or someone else's, please help make the topic of childhood sexual abuse just ever so slightly easier to broach with them by using this remarkable tool." "GET the book, READ the book and most importantly, TALK about the book WITH your children." "Anything that might help protect your children from the hands of a sexual predator is a priceless investment."

--togetherweheal.wordpress.com/2012/11/24/some-secrets-should-never-be-kept/ "This is a skilfully written and beautifully illustrated book which covers the subject of keeping young children safe from sexual abuse. Written as a tool to help parents, caregivers and teachers broach the subject in a non-threatening way, it sensitively weaves the important facts into a story that young children will find accessible." --littleparachutes.com/book.php?id=571 "Our family has felt more empowered to address the issue of sexual abuse through having this resource, "...

--momentsaday.com/protecting-children-against-sexual-abuse/ "I'm often asked for resources for children to help them protect them from possible sexual abuse. There has been nothing I could recommend. Until now." "Melbourne author, primary school teacher and mother, Jayneen Sanders,

has filled the gap by publishing a picture book for children titled ‘Some Secrets Should Never Be Kept’.

--melindatankardreist.com/2012/04/some-secrets-should-never-be-kept-new-book-to-help-parents-and-kids-discuss-inappropriate-touch/

As the mother of three young children, I knew at some stage in their young lives I would not be there to protect them. With the talk of the ‘first sleep-over’, I realized I needed to broach the delicate subject of how they could protect themselves from unwanted interference. I challenged myself to write this book so parents, carers and educators had a tool (one I did not have) to open up the discussion on self-protection. Forewarned is forearmed. If a situation like the one Sir Alfred encountered were to happen to a child, it is my sincere hope that they could draw on what they have learned from the story and the subsequent, essential discussion -- and speak up.

Difficult to write a review for a book of this nature but we chose several books of this type, dealing with inappropriate touching and other issues of body privacy and this one handled things in a honest and direct manner. I thought it was nice that at first the mother was not responsive and somewhat dismissive (not sure that is the best characterization, but for now it is what I would go with) but later came to understand the severity of the situation and came to her son’s aid. As a survivor of sexual assault, by a family member, I know that no matter how well intentioned a parent may be it is difficult to immediately believe or accept so this book reinforces that you may have to tell someone over and over again until your voice is heard.

I bought a few books on this topic for my daughter. This is my favorite. It’s more interesting for her because it’s in story format, Unlike other books on this subject that tend to read more like a dictionary.

Important lessons to teach our children, opens up a great dialogue.

Some may feel this book is too intense or uncomfortable for kids. Thing is, no parent wants to have these discussions with their child. I think children should be given the tools to help them discuss sensitive matters with their parents.

I bought this to teach my 4 year old about this sensitive subject. After flipping through the book and

looking at the pictures, he refused to let me read it to him. I think it looked too dark and scary to him. We did eventually read it together about 6 months later, but he has since refused to look at it again.

This book is very well written and manages to keep our child engaged while teaching a valuable lesson.

This book is amazing in the way of empowering our youth! I wish books like this had been written years ago, as I endured such abuse myself & it could've made all the difference in the world, but am very thankful that they're here to do so today in order to give our children a much need voice! GREAT job! ~ Lynne Nichols, author of In His Hands, a journey of faith and forgiveness

This is an amazing tool to explore relationships, fears, good touch vs bad touch. As a matter of fact it could be used in an audience of adults to help them explore these themes from a child's perspective and to help an adult to respond rather than react to such an occurrence.

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